

## 10 Questions to Consider When Coaching for Change

- How would you describe your work team?
- What are the strengths of your team?
- What are the weaknesses of your team?
- What would you like your ideal team to be like?
- What is the biggest obstacle your team is facing?
- How might you overcome your challenges?
- When does your team perform at its best?
- Where would you like your team to be 3 (6) (9) (12) months from now?
- What is stopping you from moving ahead?
- How might you view this as an opportunity for growth?

Consider how the work you do affects others. The ripple effect of your speech and actions touches lives in many ways... How would you like others to see you?

Irene Wickstrom is a Library Manager and Certified Life Coach who specializes in building effective teams and improving organizational performance. For additional information on how to benefit from coaching visit: [www.clientcenteredcoaching.com](http://www.clientcenteredcoaching.com)